



Babysitting Safety

Many teenagers and young adults sometimes work as a babysitter for siblings and/or other children. While caring for younger children, it is important to note safety concerns that could come up while babysitting.



Bathtub

When filling a bathtub with water, never leave the tub unattended.

Check the temperature before immersing children to avoid scalds.



Hot Liquids

Never hold a child while carrying or drinking hot liquids.



Baby Bottles

Heat baby bottles in warm water from the faucet.

Never heat a baby bottle via microwave oven.



CPR

Consider taking a CPR/First Aid course.

Know the location of the first aid kit in the home.



Cleaning Supplies

Keep cleaning supplies, medications, and other dangerous products out of reach of children.

Keep the **Poison Control** hotline number handy: 1-800-222-1222



Stove

Keep a three-foot "kid-free zone" around the stove and where hot food and drinks are being prepared.



Escape Plan

In case of a fire, know two ways out of every room. Have an escape plan that includes the children as well as yourself.



Get Out and Stay Out

If there is a fire, get out of the house with the children and stay out. Know the address of the home to give to dispatchers when calling 9-1-1.



Lighters

Keep lighters and matches away from children.

