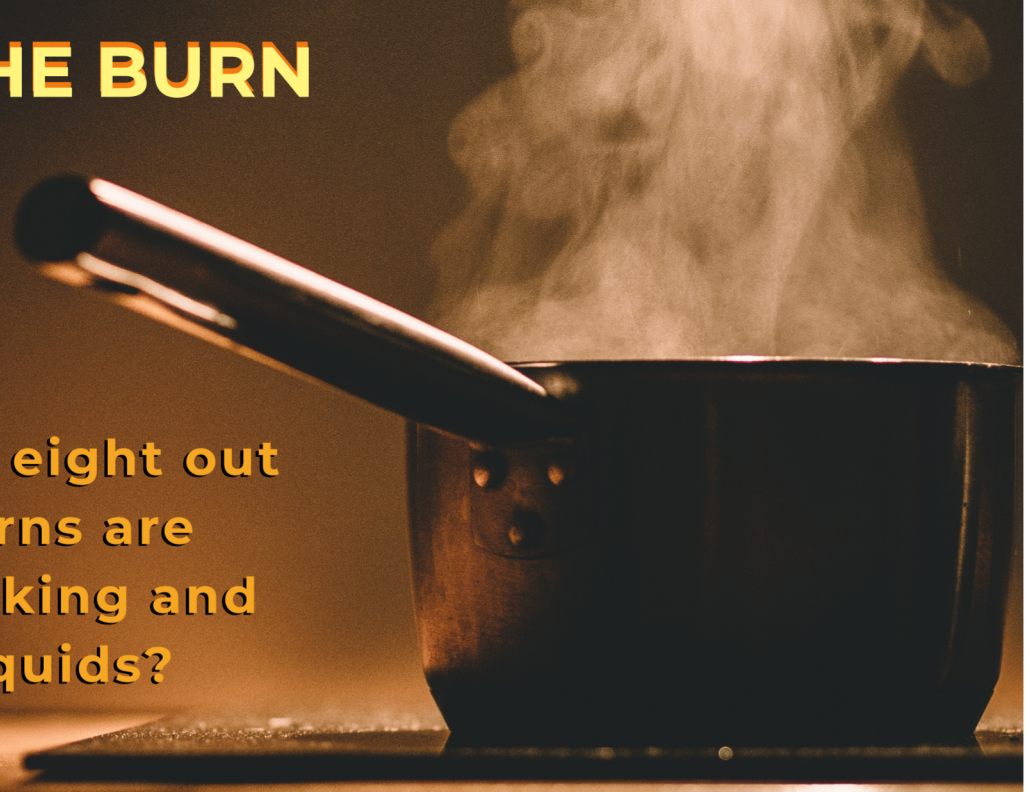


PREVENT THE BURN

Scald Prevention
Scald Injuries

Did you know eight out of 10 scald burns are related to cooking and serving hot liquids?



Common Causes of Scalds

- Hot liquids (cooking, bathing, hot drinks, soups)
- Microwave steam
- Radiators (car and home)

How to Prevent a Scald

- Turn pot handles toward the inside of the stove.
- Vent and cool items from the microwave before touching.
- Be aware of children, maintain supervision, and keep children three feet away from the stove and microwave.
- Keep bathwater below 100 degrees. Test the temperature before putting children in the bath. Also, do not put your child into a tub when the water is still running (the water temperature could change or the water could get too deep).

FIRST AID

Place burned area under cool running water for at least 20 minutes. Cover the affected area with a loose, dry, sterile dressing.

DO NOT:

- Use ice
- Use burn creams
- Use greasy substances like butter
- Pop blisters
- Remove items that are stuck to the skin