

# LIGHTNING SAFETY

SC averages  
**2 Million**  
lightning strikes  
per year

## Lightning First Aid



- Call 9-1-1 and be prepared to give medical care.
- Administer CPR if you know how, if it is needed, and safe.

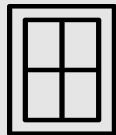
## When Thunder Roars, Go Indoors!

### Outdoor Safety

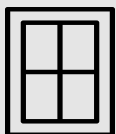
Outdoor activities account for about 60% of lightning deaths. If you're going to the beach or watching a sporting event, keep an eye on the weather.

- If in or on open water, go to land and seek shelter.
- Seek shelter in a building or hard-topped vehicle.

### Indoor Safety



- Avoid washing hands, showering, doing laundry, or washing dishes.
- Stay away from windows.
- Stay off the computer and other electronic equipment that puts you in direct contact with electricity.



If you cannot get to shelter and you feel your hair stand on end, which indicates that lightning is about to strike, crouch down like a baseball catcher with your heels touching. Cover your ears.

**FIRE SAFE**  
South Carolina



A COMMUNITY RISK REDUCTION PROGRAM

More than 70 percent of lightning deaths occur in June, July, and August.