# Senior Fire Safety

The risk of older adults dying in a house fire increases as they age, according to the NFPA.

### Create a Plan

- Have a fire escape plan that meets your needs.
- Know two ways out of every room.
- If you use a mobility aid, check to ensure it can fit through the exits.
- Keep your eyeglasses, hearing aids, cane, or wheelchair close to your bed at night.

# Right Alarm, Right Location



#### Smoke

Install smoke alarms in your bedrooms, hallways, living room, and on every level of the home. Test them monthly. Replace smoke alarms after 10 years.



## Carbon Monoxide (CO)

CO alarms should be placed on every level of the home, and tested each month. Depending on the CO alarm type, the life-span is up to 10 years.



# Deaf/ Hard of Hearing

Consider getting a bedshaker alarm if you are deaf, or hard of hearing. Learn more <u>here</u>, or visit the Fire and Life Safety Guides page at firesafe.sc.gov.

# General Fire Safety

### Smoking

- Smoke outside.
- Never smoke in bed.
- Do not smoke while on or around medical oxygen.

### **Heating Safety**

- Keep heaters at least three feet away from anything flammable.
- Plug space heaters directly into an outlet.
- Turn off heating equipment before going to bed.

### Cooking Safety

- Keep flammable items away from heat sources.
- Stay in the kitchen when frying, grilling, boiling, or broiling food.
- Only use the oven or stove for cooking, not as a heat source.

